

February, 2010

Caregiver Training and Support Group 2nd and 4th Wednesday at 9:30 a.m. in the Board Room

**Happy Valentines' Day
954 -742-2299**

**Kurt & Alice Walter Adult Day Care & Alzheimer Pavilion
Daniel D. Cantor Senior Center**

HAPPY PURIM!

MONDAYS (1, 8, 15, 22)

TUESDAYS (2, 9, 16, 23)

WEDNESDAYS (3, 10, 17, 24)

THURSDAYS (4, 11, 18, 25)

FRIDAYS (5, 12, 19, 26)

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|---------------|--|---------------|--|---------------|---|--------------|---|---------------|---|
| 9:00 – 10:30 | Morning Coffee, Current Events, Early Stretch | 9:00 – 10:30 | Morning Coffee, Current Events, Early Stretch | 9:00 – 10:30 | Morning Coffee, Current Events, Early Stretch | 9:00 – 10:30 | Morning Coffee, Current Events, Early Stretch | 9:00 – 10:30 | Morning Coffee, Bingo |
| 10:30 – 12:00 | Rotating Classes; 40 minutes each with Linda, Denise, Margaret & CNA's | 10:30 – 12:00 | Music with Scott Rotating Classes; 40 minutes each with Linda, Margaret & CNA's | 10:30 – 12:00 | Rotating Classes; 40 minutes each with Linda, Miriam, Margaret & CNA's | 10:30 – 2:00 | Rotating Classes; 40 minutes each with Linda, Denise, Margaret & CNA's | 10:30 – 12:00 | The Bellis Family Shabbat Program |
| 12:00 – 1:00 | Lunch and break time | 12:00 – 1:00 | Lunch and break time | 12:00 – 1:00 | Lunch and break time | 12:00 – 1:00 | Lunch and break time | 12:00 – 1:00 | Lunch and break time |
| 1:00 – 2:00 | Natural Science With Linda Margaret's "Featured Stories" Bingo with Bonnie B. | 1:00 – 2:00 | Linda's Game Day News with Margaret Wii Games With Bonnie & Kerry | 1:00 – 2:00 | Entertainers or Trivia with Linda Arts & Crafts With Margaret Bingo with Bea Loo | 1:00 – 2:00 | Wii Games with Linda & Kerry Nature Study with Margaret Music & Yoga With Bonnie | 1:00 – 2:00 | Film or Cecelia Sings with Linda Wii Games with Margaret & Kerry Senior Moments, Opera & Yoga With Bonnie |
| 2:00 – 2:30 | Trivia Time | 2:00 – 2:30 | Reminiscence | 2:00 – 2:30 | Forever Fit | 2:00 – 2:30 | Forever Fit | 2:00 – 2:30 | Garden Time |
| 2:30 – 3:00 | Snack Break | 2:30 – 3:00 | Trivia Time | 2:30 – 3:00 | Trivia Time | 2:30 – 3:00 | Trivia Time | 2:30 – 3:00 | Trivia Time |
| 3:00 – 4:00 | Silver Haired Yoga With Melanie | 3:00 – 3:30 | Snack Break | 3:00 – 3:30 | Snack Break | 3:00 – 3:30 | Snack Break | 3:00 – 3:30 | Snack Break |
| 4:00- 4:30 | Swing Era Music for Listening | 3:30 – 4:30 | Dance Therapy With Denise | 3:30 – 4:30 | Cultural Study with Margaret | 3:30 – 4:30 | Another Country with Margaret | 3:30 – 4:30 | Music Appreciation |
| 4:30 – 5:30 | Dominoes | 4:30 – 5:30 | Dominoes | 4:30 – 5:30 | Dominoes | 4:30 – 5:30 | Dominoes | 4:30 – 5:30 | Dominoes |