

July, 2010

*Caregiver Training and Support Group 2<sup>nd</sup> and 4<sup>th</sup> Wednesday at 9:30 a.m. in the Board Room*

**Happy & Safe 4<sup>th</sup> of July!**  
**954 -742-2299**

**Kurt & Alice Walter Adult Day Care & Alzheimer Pavilion**  
**Daniel D. Cantor Senior Center**

MONDAYS (12, 19, 26)      TUESDAYS (6, 13, 20, 27)      WEDNESDAYS (7, 14, 21, 28)      THURSDAYS (1, 8, 15, 22, 29)      FRIDAYS (2, 9, 16, 23, 30)  
*Center Closed 7/5 Independence Day*

9:00 – 10:30	Morning Coffee, Current Events, Early Stretch	9:00 – 10:30	Morning Coffee, Current Events, Early Stretch	9:00 – 10:30	Morning Coffee, Current Events, Early Stretch	9:00 – 10:30	Morning Coffee, Current Events, Early Stretch	9:00 – 10:30	Morning Coffee, Bingo
10:30 – 12:00	Rotating Classes; 40 minutes each with Linda, Denise, Margaret & CNA's	10:30 – 12:00	Music with Scott Rotating Classes; 40 minutes each with Linda, Margaret & CNA's	10:30 – 12:00	Rotating Classes; 40 minutes each with Linda, Miriam, Margaret & CNA's	10:30 – 2:00	Rotating Classes; 40 minutes each with Linda, Denise, Margaret & CNA's	10:30 – 12:00	The Bellis Family Shabbat Program
12:00 – 1:00	Lunch and break time	12:00 – 1:00	Lunch and break time	12:00 – 1:00	Lunch and break time	12:00 – 1:00	Lunch and break time	12:00 – 1:00	Lunch and break time
1:00 – 2:00	Natural Science With Linda  Margaret's "Featured Stories"  Bingo with Bonnie B.	1:00 – 2:00	Linda's Game Day  News with Margaret  Wii Games With Bonnie & Kerry	1:00 – 2:00	Entertainers or Trivia with Linda  Arts & Crafts With Margaret  Bingo with Bea Loo	1:00 – 2:00	Wii Games with Linda & Kerry  "Oceans" with Margaret  "Ellis Island – Gateway to the American Dream" With Bonnie	1:00 – 2:00	Film or Cecelia Sings with Linda  Wii Games with Margaret & Kerry  Senior Moments, Opera & Yoga With Bonnie
2:00 – 2:30	Trivia Time	2:00 – 2:30	Reminiscence	2:00 – 2:30	Forever Fit	2:00 – 2:30	Forever Fit	2:00 – 2:30	Classic Films
2:30 – 3:00	Snack Break	2:30 – 3:00	Trivia Time	2:30 – 3:00	Trivia Time	2:30 – 3:00	Trivia Time	2:30 – 3:00	Trivia Time
3:00 – 4:00	Silver Haired Yoga	3:00 – 3:30	Snack Break	3:00 – 3:30	Snack Break	3:00 – 3:30	Snack Break	3:00 – 3:30	Snack Break
4:00- 4:30	Swing Era Music for Listening	3:30 – 4:30	Exercise	3:30 – 4:30	Cultural Study with Margaret	3:30 – 4:30	Another Country with Margaret	3:30 – 4:30	Music Appreciation
4:30 – 5:30	Dominoes	4:30 – 5:30	Scrabble Slam	4:30 – 5:30	Dominoes	4:30 – 5:30	Scrabble Slam	4:30 – 5:30	Dominoes