

September, 2010

Caregiver Training and Support Group 2nd and 4th Wednesday at 9:30 a.m. in the Board Room

**Kurt & Alice Walter Adult Day Care & Alzheimer Pavilion
Daniel D. Cantor Senior Center**

**L'Shana Tovah!
Please Check The Holiday Closings!**

954-742-2299

MONDAYS (13, 20, 27)
Closed 9/6/10

TUESDAYS (7, 14, 21, 28)

WEDNESDAYS (1, 8, 15, 22, 29)
*Closed at 2:00 PM on 9/8/10 &
Rosh Hashana Celebration 10:00 a m*

THURSDAYS (2, 16, 23)
Closed 9/9/10 and 9/30/10

FRIDAYS (3, 24)
*Closed 9/10/10 &
9/17/10 closed at 2:00 P M*

9:00 – 10:30	Morning Coffee, Current Events, Early Stretch	9:00 – 10:30	Morning Coffee, Current Events, Early Stretch	9:00 – 10:30	Morning Coffee, Current Events, Early Stretch	9:00 – 10:30	Morning Coffee, Current Events, Early Stretch	9:00 – 10:30	Morning Coffee, Bingo
10:30 – 12:00	Rotating Classes; 40 minutes each with Linda, Denise, Margaret & CNA's	10:30 – 12:00	Music with Scott Rotating Classes; 40 minutes each with Linda, Margaret & CNA's	10:30 – 12:00	Rotating Classes; 40 minutes each with Linda, Miriam, Margaret & CNA's	10:30 – 2:00	Rotating Classes; 40 minutes each with Linda, Denise, Margaret & CNA's	10:30 – 12:00	The Bellis Family Shabbat Program
12:00 – 1:00	Lunch and break time	12:00 – 1:00	Lunch and break time	12:00 – 1:00	Lunch and break time	12:00 – 1:00	Lunch and break time	12:00 – 1:00	Lunch and break time
1:00 – 2:00	Natural Science With Linda Margaret's "Featured Stories" Bingo with Bonnie B.	1:00 – 2:00	Trivia with Linda News with Margaret Wii Games With Bonnie & Kerry	1:00 – 2:00	Linda's Game Day Arts & Crafts With Margaret Bingo with Bea Loo	1:00 – 2:00	Wii Games with Linda & Kerry Nature Study with Margaret Senior Moments, Opera & Yoga With Bonnie	1:00 – 2:00	Film or Cecelia Sings with Linda Wii Games with Margaret & Kerry Senior Moments, Opera & Yoga With Bonnie
2:00 – 2:30	Trivia Time	2:00 – 2:30	Reminiscence	2:00 – 2:30	Forever Fit	2:00 – 2:30	Forever Fit	2:00 – 2:30	Garden Time
2:30 – 3:00	Snack Break	2:30 – 3:00	Trivia Time	2:30 – 3:00	Trivia Time	2:30 – 3:00	Trivia Time	2:30 – 3:00	Trivia Time
3:00 – 4:00	Silver Haired Yoga	3:00 – 3:30	Snack Break	3:00 – 3:30	Snack Break	3:00 – 3:30	Snack Break	3:00 – 3:30	Snack Break
4:00- 4:30	Swing Era Music for Listening	3:30 – 4:30	Exercise	3:30 – 4:30	Cultural Study with Margaret	3:30 – 4:30	Another Country with Margaret	3:30 – 4:30	Music Appreciation
4:30 – 5:30	Dominoes	4:30 – 5:30	Dominoes	4:30 – 5:30	Dominoes	4:30 – 5:30	Dominoes	4:30 – 5:30	Dominoes