


The Living Room September 2023 954 742-2299

Monday	Tuesday	Wednesday	Friday																		
			<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">1</td><td style="text-align: center;">9:00 – 9:45</td><td>Coffee & Chit Chat</td></tr> <tr><td></td><td style="text-align: center;">9:45 – 10:10</td><td>Yoga & Stretching</td></tr> <tr><td></td><td style="text-align: center;">10:10 – 10:30</td><td>Words in Words</td></tr> <tr><td></td><td style="text-align: center;">10:30 – 11:30</td><td>Shabbat Entertainment</td></tr> <tr><td></td><td style="text-align: center;">11:30-12:15</td><td>Lunch</td></tr> <tr><td></td><td style="text-align: center;">12:15-1:45</td><td>Balloon Baseball</td></tr> </table>	1	9:00 – 9:45	Coffee & Chit Chat		9:45 – 10:10	Yoga & Stretching		10:10 – 10:30	Words in Words		10:30 – 11:30	Shabbat Entertainment		11:30-12:15	Lunch		12:15-1:45	Balloon Baseball
1	9:00 – 9:45	Coffee & Chit Chat																			
	9:45 – 10:10	Yoga & Stretching																			
	10:10 – 10:30	Words in Words																			
	10:30 – 11:30	Shabbat Entertainment																			
	11:30-12:15	Lunch																			
	12:15-1:45	Balloon Baseball																			

4		5		6		8																																		
		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">9:00 – 9:45</td><td>Coffee & Chit Chat</td></tr> <tr><td style="text-align: center;">9:45 – 10:10</td><td>Chair Exercises & Breathing</td></tr> <tr><td style="text-align: center;">10:10-10:40</td><td>Memory Magic</td></tr> <tr><td style="text-align: center;">10:45-11:30</td><td>The Best Music Therapy With Noreena</td></tr> <tr><td style="text-align: center;">11:30-12:15</td><td>Lunch</td></tr> <tr><td style="text-align: center;">12:15-1:45</td><td>Visit With Viv</td></tr> </table>	9:00 – 9:45	Coffee & Chit Chat	9:45 – 10:10	Chair Exercises & Breathing	10:10-10:40	Memory Magic	10:45-11:30	The Best Music Therapy With Noreena	11:30-12:15	Lunch	12:15-1:45	Visit With Viv	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">9:00 – 9:45</td><td>Coffee & Chit Chat</td></tr> <tr><td style="text-align: center;">9:45 – 10:10</td><td>Movin & Groovin'</td></tr> <tr><td style="text-align: center;">10:10 – 10:40</td><td>Balloon Baseball</td></tr> <tr><td style="text-align: center;">10:40-11:30</td><td>Visit with Viv</td></tr> <tr><td style="text-align: center;">11:30-12:15</td><td>Lunch</td></tr> <tr><td style="text-align: center;">12:15-1:45</td><td>Art Therapy and a visit with Roxy</td></tr> </table>	9:00 – 9:45	Coffee & Chit Chat	9:45 – 10:10	Movin & Groovin'	10:10 – 10:40	Balloon Baseball	10:40-11:30	Visit with Viv	11:30-12:15	Lunch	12:15-1:45	Art Therapy and a visit with Roxy	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">9:00 – 9:45</td><td>Coffee & Chit Chat</td></tr> <tr><td style="text-align: center;">9:45 – 10:10</td><td>Yoga & Stretching</td></tr> <tr><td style="text-align: center;">10:10 – 10:30</td><td>Water Color</td></tr> <tr><td style="text-align: center;">10:30 – 11:30</td><td>Shabbat Entertainment</td></tr> <tr><td style="text-align: center;">11:30-12:15</td><td>Lunch</td></tr> <tr><td style="text-align: center;">12:15-1:45</td><td>Musical Bingo</td></tr> </table>	9:00 – 9:45	Coffee & Chit Chat	9:45 – 10:10	Yoga & Stretching	10:10 – 10:30	Water Color	10:30 – 11:30	Shabbat Entertainment	11:30-12:15	Lunch	12:15-1:45	Musical Bingo
9:00 – 9:45	Coffee & Chit Chat																																							
9:45 – 10:10	Chair Exercises & Breathing																																							
10:10-10:40	Memory Magic																																							
10:45-11:30	The Best Music Therapy With Noreena																																							
11:30-12:15	Lunch																																							
12:15-1:45	Visit With Viv																																							
9:00 – 9:45	Coffee & Chit Chat																																							
9:45 – 10:10	Movin & Groovin'																																							
10:10 – 10:40	Balloon Baseball																																							
10:40-11:30	Visit with Viv																																							
11:30-12:15	Lunch																																							
12:15-1:45	Art Therapy and a visit with Roxy																																							
9:00 – 9:45	Coffee & Chit Chat																																							
9:45 – 10:10	Yoga & Stretching																																							
10:10 – 10:30	Water Color																																							
10:30 – 11:30	Shabbat Entertainment																																							
11:30-12:15	Lunch																																							
12:15-1:45	Musical Bingo																																							
11	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">9:00 – 9:45</td><td>Coffee & Chit Chat</td></tr> <tr><td style="text-align: center;">9:45 – 10:10</td><td>Movin & Groovin</td></tr> <tr><td style="text-align: center;">10:10-10:40</td><td>Dominoes</td></tr> <tr><td style="text-align: center;">10:45-11:30</td><td>Memory Magic</td></tr> </table>	9:00 – 9:45	Coffee & Chit Chat	9:45 – 10:10	Movin & Groovin	10:10-10:40	Dominoes	10:45-11:30	Memory Magic	12	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">9:00 – 9:45</td><td>Coffee & Chit Chat</td></tr> <tr><td style="text-align: center;">9:45 – 10:10</td><td>Chair Exercises & Breathing</td></tr> <tr><td style="text-align: center;">10:10-10:40</td><td>Puzzles</td></tr> <tr><td style="text-align: center;">10:45-11:30</td><td>The Best Music Therapy With Noreena</td></tr> </table>	9:00 – 9:45	Coffee & Chit Chat	9:45 – 10:10	Chair Exercises & Breathing	10:10-10:40	Puzzles	10:45-11:30	The Best Music Therapy With Noreena	13	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">9:00 – 9:45</td><td>Coffee & Chit Chat</td></tr> <tr><td style="text-align: center;">9:45 – 10:10</td><td>Chair Yoga & Breathing</td></tr> <tr><td style="text-align: center;">10:10 – 10:40</td><td>Musical Bingo</td></tr> <tr><td style="text-align: center;">10:40-11:30</td><td>Visit with Viv</td></tr> </table>	9:00 – 9:45	Coffee & Chit Chat	9:45 – 10:10	Chair Yoga & Breathing	10:10 – 10:40	Musical Bingo	10:40-11:30	Visit with Viv	15	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">9:00 – 9:45</td><td>Coffee & Chit Chat</td></tr> <tr><td style="text-align: center;">9:45 – 10:10</td><td>Yoga & Stretching</td></tr> <tr><td style="text-align: center;">10:10 – 10:30</td><td>Word Game</td></tr> <tr><td style="text-align: center;">10:30 – 11:30</td><td>Rosh Hashanah Celebration</td></tr> </table>	9:00 – 9:45	Coffee & Chit Chat	9:45 – 10:10	Yoga & Stretching	10:10 – 10:30	Word Game	10:30 – 11:30	Rosh Hashanah Celebration	
9:00 – 9:45	Coffee & Chit Chat																																							
9:45 – 10:10	Movin & Groovin																																							
10:10-10:40	Dominoes																																							
10:45-11:30	Memory Magic																																							
9:00 – 9:45	Coffee & Chit Chat																																							
9:45 – 10:10	Chair Exercises & Breathing																																							
10:10-10:40	Puzzles																																							
10:45-11:30	The Best Music Therapy With Noreena																																							
9:00 – 9:45	Coffee & Chit Chat																																							
9:45 – 10:10	Chair Yoga & Breathing																																							
10:10 – 10:40	Musical Bingo																																							
10:40-11:30	Visit with Viv																																							
9:00 – 9:45	Coffee & Chit Chat																																							
9:45 – 10:10	Yoga & Stretching																																							
10:10 – 10:30	Word Game																																							
10:30 – 11:30	Rosh Hashanah Celebration																																							

	11:30-12:15	Lunch		11:30-12:15	Lunch		11:30-12:15	Lunch		11:30-12:15	Lunch
	12:15-1:45	Bingo		12:15-1:45	Visit With Viv		12:15-1:45	Art Therapy and a visit with Roxy		12:15-1:45	Name that song
18	9:00 – 9:45	Coffee & Chit Chat	19	9:00 – 9:45	Coffee & Chit Chat	20	9:00 – 9:45	Coffee & Chit Chat	22	9:00 – 9:45	Coffee & Chit Chat
	9:45 – 10:10	Chair Exercise & Breathing		9:45 – 10:10	Chair Yoga & Breathing		9:45 – 10:10	Chair Exercises & Breathing		9:45 – 10:10	Yoga & Stretching
	10:10-10:40	Dominoes		10:10-10:40	Hangman Word Game		10:10 – 10:40	Memory Magic		10:10 – 10:30	Balloon Baseball
	10:45-11:30	Trivia		10:45-11:30	The Best Music Therapy With Noreena		10:40-11:30	Visit with Viv		10:30 – 11:30	Shabbat Entertainment
	11:30-12:15	Lunch		11:30-12:15	Lunch		11:30-12:15	Lunch		11:30-12:15	Lunch
	12:15-1:45	Bingo		12:15-1:45	Visit With Viv		12:15-1:45	Art Therapy and a visit with Roxy		12:15-1:45	How Many Words?
25			26	9:00 – 9:45	Coffee & Chit Chat	27	9:00 – 9:45	Coffee & Chit Chat	29	9:00 – 9:45	Coffee & Chit Chat
				9:45 – 10:10	Movin & Groovin'		9:45 – 10:10	Chair Exercises & Breathing		9:45 – 10:10	Yoga & Stretching
				10:10-10:40	Memory Magic		10:10 – 10:40	Trivia		10:10 – 10:30	Balloon Baseball
				10:45-11:30	The Best Music Therapy With Noreena		10:40-11:30	Visit with Viv		10:30 – 11:30	Shabbat Entertainment
				11:30-12:15	Lunch		11:30-12:15	Lunch		11:30-12:15	Lunch
				12:15-1:45	Visit With Viv		12:15-1:45	Art Therapy and a visit with Roxy		12:15-1:45	Would you rather?

