


May 2023

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 Exercise & Meditation 1 10:30 Building Words 1:00 Better Together with Vivian 2:00 Stretch and Balance 2:45 Coffee & Snack 3:15 Vivian's Escapades	9:30 Music Therapy 2 10:30 Slogans of Taste 1:00 Flex & Stretch Memory 2:00 Afternoon Stretch 2:45 Coffee & Snack 3:00 Andrea's Antics	9:30 Exercise & Yoga breath 3 10:30 Getting to Know You Puns & Jokes 1:00 Teri's Yoga 2:00 Bonnie's Stories 2:45 Coffee Klatch 3:00 Andrea's Antics	9:30 Exercise and Guided Meditation 4 10:45 Luis's class 1:00 Better Together with Vivian 2:00 PM Stretch 2:45 Coffee & Snack 3:00 Vivian's Escapades	9:30 Exercise & Yoga Breath 5 10:30 Slogans of Toiuch 11:30 Shabbat 1:00 Boggle 2:00 PM Stretch 2:45 Coffee Social 3:00 Movie/ Games
9:30 Exercise & Meditation 8 10:30 Vision and Memory 1:00 Better Together with Vivian 2:00 PM Stretch 2:45 Coffee Klatch 3:00 Vivian's Escapades	9:30 Music Therapy 9 10:30 Music Trivia 1:00 Genius Math 2:00 Stretch and Balance 2:45 Coffee & Snack 3:00 Andrea's Antics	9:30 Exercise & Yoga Breath 10 10:30 Getting to Know You Puns & Jokes 1:00 Spring Time 2:00 Chair Yoga 2:45 Coffee Klatch 3:00 Andrea's Antics	9:30 Exercise & Meditation 11 10:45 Luis's Class 1:00 Bingo 2:00 Afternoon Stretch 2:45 Coffee and Snack 3:00 Vivian's Escapades	9:30 Exercise & Positive Affirmation 12 10:30 Automobiles 11:30 Shabbat 1:00 Mother's Day Party 2:00 PM Stretch 2:45 Coffee Klatch 3:00 Movie/ Games
9:30 Exercise & Meditation 15 10:30 Chocolate Goodies 1:00 Better Together with Vivian 2:00 Yoga Stretch 2:45 Coffee Social 3:00 Vivian's Escapades	9:30 Music Therapy 16 10:30 Music Trivia Goodies 1:00 Toolbox Trivia 2:00 PM Stretch Class 2:45 Coffee & Snack 3:00 Andrea's Antics	9:30 Exercise & Breathing 17 10:30 Getting to Know You Puns & Jokes 1:00 Teri's Yoga 2:00 Word Jumble 2:45 Coffee Klatch 3:00 Andrea's Antics	9:30 Exercise & Guided Meditation 18 10:45 Luis's Class 1:00 Better Together with Vivian 2:00 Yoga Stretch 2:45 Coffee & Snack 3:00 Vivian's Escapades	9:30 Exercise & Positive Thoughts 19 10:30 Books and Magazines 11:30 Shabbat 1:00 Word Chain 2:00 Afternoon Stretch 2:45 Coffee Social 3:00 Movie/Games
9:30 Exercise & Meditation 22 10:30 Famous Movie Lines 1:00 Better Together with Vivian 2:00 PM Stretch Class 2:45 Coffee Klatch 3:00 Vivian's Escapades	9:30 Music Therapy 23 10:30 Childhood Games 1:00 Word Work 2:00 Stretch and Balance 2:45 Coffee & Snack 3:00 Andrea's Antics	9:30 Exercise & Guided Breath 24 10:30 Getting to Know You Puns & Jokes 1:00 Trivial Trivia 2:00 Stretch Time 2:45 Coffee Social 3:00 Andrea's Antics	9:30 Exercise and Meditation 25 10:45 Luis's Class 1:00 Better Together with Vivian 2:00 Stretch/ Balance 2:45 Coffee Klatch 3:00 Vivian's Escapades	9:30 Exercise & Positivity 26 10:30 Heroes and Heroines 11:30 Shabbat 1:00 Collective Collections 2:00 PM Exercise 2:45 Coffee & Snack 3:00 Movie/ Games
29 	9:30 Music Therapy 30 10:30 International Foods 1:00 Animal Trivia 2:00 Chair Yoga 2:45 Coffee Klatch 3:00 Andrea's Antics	9:30 Exercise & Guided Breath 31 10:30 Getting to Know You Puns & Jokes 1:00 Bonnie's Stories 2:00 Yoga Stretch 2:45 Coffee & Snack 3:00 Andrea's Antics	Caregivers Support Group 5/9 and 5/23 	Therapy dog visits and garden time 



Kurt & Alice Walter Adult Day Care and Alzheimer's Pavilion
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