






# September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Therapy Dog visits &amp; daily garden time.</i></p> 		<p><b>Caregivers Support Group</b> 9/12 &amp; 9/26</p> 		<p>9:30 Exercise &amp; Yoga Breath</p> <p>10:30 Shabbat Entertainment</p> <p>11:30 <b>Shabbat</b></p> <p>1:00 Word Chain Movie</p> <p>2:00 PM Stretch</p> <p>2:45 Coffee Social</p> <p>3:00 Movie/ Games</p>
<p><b>We are closed!</b></p>  <p>Have a safe and fun holiday!</p>	<p>9:30 Music Therapy</p> <p>10:30 The Eyes Have It</p> <p>1:00 Sam First and Last</p> <p>2:00 Stretch and Balance</p> <p>2:45 Coffee &amp; Snack</p> <p>3:00 Andrea's Antics</p>	<p>9:30 Exercise &amp; Meditation</p> <p>10:30 Getting to Know You Puns &amp; Jokes</p> <p>1:00 Teri's Yoga</p> <p>2:00 Bonnie's Stories</p> <p>2:45 Coffee Klatch</p> <p>3:00 Andrea's Antics</p>	<p>9:30 Exercise &amp; Meditation</p> <p>10:45 Luis's Class</p> <p>1:00 Bingo</p> <p>2:00 Afternoon Stretch</p> <p>2:45 Coffee and Snack</p> <p>3:00 Vivian's Escapades</p>	<p>9:30 Exercise &amp; Positive Affirmation</p> <p>10:30 Shabbat Entertainment</p> <p>11:30 <b>Shabbat</b></p> <p>1:00 Childhood Games</p> <p>2:00 PM Stretch</p> <p>2:45 Coffee Klatch</p> <p>3:00 Movie/ Games</p>
<p>9:30 Exercise &amp; Meditation <b>11</b></p> <p>10:30 Gardens and Parks</p> <p>1:00 Better Together with Vivian</p> <p>2:00 Yoga Stretch</p> <p>2:45 Coffee Social</p> <p>3:00 Vivian's Escapades</p>	<p>9:30 Music Therapy</p> <p>10:30 Hairstyles</p> <p>1:00 Out of the Box Thinking</p> <p>2:00 PM Stretch Class</p> <p>2:45 Coffee &amp; Snack</p> <p>3:00 Andrea's Antics</p>	<p>9:30 Exercise &amp; Breathing</p> <p>10:30 Getting to Know You Puns &amp; Jokes</p> <p>1:00 Bonnie's Stories</p> <p>2:00 PM Stretch</p> <p>2:45 Coffee Klatch</p> <p>3:00 Andrea's Antics</p>	<p>9:30 Exercise &amp; Guided Meditation</p> <p>10:45 Luis's Class</p> <p>1:00 Better Together with Vivian</p> <p>2:00 Yoga Stretch</p> <p>2:45 Coffee &amp; Snack</p> <p>3:00 Vivian's Escapades</p>	<p>9:30 Exercise &amp; Positive Thoughts</p> <p>10:30 Shabbat Entertainment</p> <p>11:30 <b>Shabbat</b></p> <p>1:00 Think About It I Scream</p> <p>2:00 You Scream</p> <p>2:00 Afternoon Stretch</p> <p>2:45 Coffee Social</p> <p>3:00 Movie/Games</p>
<p>9:30 Exercise &amp; Meditation <b>18</b></p> <p>10:30 Enjoyment of Life</p> <p>1:00 Better Together with Vivian</p> <p>2:00 PM Stretch Class</p> <p>2:45 Coffee Klatch</p> <p>3:00 Vivian's Escapades</p>	<p>9:30 Music Therapy</p> <p>10:30 Famous People</p> <p>1:00 Boggle</p> <p>2:00 Stretch and Balance</p> <p>2:45 Coffee &amp; Snack</p> <p>3:00 Andrea's Antics</p>	<p>9:30 Exercise &amp; Guided Breath</p> <p>10:30 Getting to Know You Puns &amp; Jokes</p> <p>1:00 Teri's Yoga</p> <p>2:00 Bonnie's Stories</p> <p>2:45 Coffee Social</p> <p>3:00 Andrea's Antics</p>	<p>9:30 Exercise and Meditation</p> <p>10:45 Luis's Class</p> <p>1:00 Better Together with Vivian</p> <p>2:00 Stretch/ Balance</p> <p>2:45 Coffee Klatch</p> <p>3:00 Vivian's Escapades</p>	<p>9:30 Exercise &amp; Positivity</p> <p>10:30 Shabbat Entertainment</p> <p>11:30 <b>Shabbat</b></p> <p>1:00 Rhymes With... Personalities in Advertising</p> <p>2:00 PM Exercise</p> <p>2:45 Coffee &amp; Snack</p> <p>3:00 Movie/ Games</p>
<p><b>25</b> <b>CLOSED FOR</b></p> 	<p>9:30 Music Therapy</p> <p>10:30 Pets of Famous People</p> <p>1:00 Word Grid</p> <p>2:00 Chair Yoga</p> <p>2:45 Coffee Klatch</p> <p>3:00 Andrea's Antics</p>	<p>9:30 Exercise &amp; Guided Breath</p> <p>10:30 Getting to Know You Puns &amp; Jokes</p> <p>1:00 Bonnie's Stories</p> <p>2:00 Yoga Stretch</p> <p>2:45 Coffee &amp; Snack</p> <p>3:00 Andrea's Antics</p>	<p>9:30 Exercise &amp; Meditation</p> <p>10:45 Luis's Class</p> <p>1:00 Better Together with Vivian</p> <p>2:00 PM Stretch</p> <p>2:45 Coffee Social</p> <p>3:00 Vivian's Escapades</p>	<p>9:30 Exercise &amp; Yoga Breathing</p> <p>10:30 Shabbat Entertainment</p> <p>11:30 <b>Shabbat</b></p> <p>1:00 Queens and Kings Common Sayings</p> <p>2:00 Afternoon Stretch</p> <p>2:45 Coffee &amp; Snack</p> <p>3:00 Movie/ Games</p>



Curt & Alice Walter Adult Day Care and Alzheimer's Pavilion  
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