




Hamlet October 2024 954 742-2299

Monday			Tuesday			Wednesday			Friday		
			1	9:00 – 9:45	Coffee & Chit Chat	2	9:00 – 9:45	Coffee & Chit Chat			
				9:45 – 10:20	Brain Games		9:45 – 10:15	Yoga & meditation			
				10:30-11:30	Beading with Roseanna		10:15-11:30	Rosh Hashana			
				11:30-12:30	Lunch		11:30-12:30	Lunch			
				12:30-1:45	Potpourri with Jodi		12:30-1:45	Trivia			
7	9:00 – 9:45	Coffee & Chit Chat	8	9:00 – 9:45	Coffee & Chit Chat	9	9:00 – 9:45	Coffee & Chit Chat	11	9:00 – 9:45	Coffee & Chit Chat
	9:45 – 10:25	Movin & Groovin'		9:45 – 10:20	Brain Games		9:45 – 10:15	Yoga & meditation		9:45 – 10:15	Sit & Be Fit
	10:30-11:30	Art with Jasmine		10:30-11:30	Steve the Guitarist		10:15-11:30	Bingo		10:15-11:30	Shabbat / Entertainment Barbra Evans
	11:30-12:30	Lunch		11:30-12:30	Lunch		11:30-12:30	Lunch		11:30-12:30	Lunch
	12:30-1:45	Bingo		12:30-1:45	Potpourri with Jodi		12:30-1:45	Phrase of the day		12:30-1:45	Visit with Viv & Mens Group with Mark
14	9:00 – 9:45	Coffee & Chit Chat	15	9:00 – 9:45	Coffee & Chit Chat	16	9:00 – 9:45	Coffee & Chit Chat	18	9:00 – 9:45	Coffee & Chit Chat
	9:45 – 10:25	Movin & Groovin'		9:45 – 10:20	Brain Games		9:45 – 10:15	Yoga & meditation		9:45 – 10:15	Sit & Be Fit
	10:30-11:30	Art with Jasmine		10:30-11:30	Art with Conveva Care		10:15-11:30	Bingo		10:15-11:30	Shabbat / Entertainment Noreena
	11:30-12:30	Lunch		11:30-12:30	Lunch		11:30-12:30	Lunch		11:30-12:30	Lunch
	12:30-1:45	Bingo		12:30-1:45	Potpourri with Jodi		12:30-1:45	Trivia		12:30-1:45	Sukkot with Viv

21	9:00 – 9:45	Coffee & Chit Chat	22	9:00 – 9:45	Coffee & Chit Chat	23	9:00 – 9:45	Coffee & Chit Chat	25	9:00 – 9:45	Coffee & Chit Chat
	9:45 – 10:25	Movin & Groovin'		9:45 – 10:20	Brain Games		9:45 – 10:15	Yoga & meditation		9:45 – 10:15	Sit & Be Fit
	10:30-11:30	Art with Jasmine		10:30-11:30	I Love Lucy with Jamie D.		10:15-11:30	Bingo		10:15-11:30	Shabbat / Entertainment Barbra Evans
	11:30-12:30	Lunch		11:30-12:30	Lunch		11:30-12:30	Lunch		11:30-12:30	Lunch
	12:30-1:45	Bingo		12:30-1:45	Potpourri with Jodi		12:30-1:45	Phrase of the day		12:30-1:45	Visit with Viv & Mens Group with Mark
28	9:00 – 9:45	Coffee & Chit Chat	29	9:00 – 9:45	Coffee & Chit Chat	30	9:00 – 9:45	Coffee & Chit Chat			
	9:45 – 10:25	Movin & Groovin'		9:45 – 10:20	Brain Games		9:45 – 10:15	Yoga & meditation			
	10:30-11:30	Art with Jasmine		10:30-11:30	Music with Jamie D.		10:20-11:30	Halloween Bingo with Aetna			
	11:30-12:30	Lunch		11:30-12:30	Lunch		11:30-12:30	Lunch			
	12:30-1:45	Bingo		12:30-1:45	Potpourri with Jodi		12:30-1:45	Trivia			