



**CAREGIVERS TRAINING & SUPPORT**

**JULY GROUP MEETINGS**

**DANIEL D. CANTOR SENIOR CENTER**

JULY 9, 2024, 10:00 AM

Yoga and Healthy Living

Teri Karst



\*\*\*\*\*

JULY 23, 2024, 10:00 AM

Roundtable Discussion

Join either session Face to Face or by Zoom

7764992165 392757

For any questions, please contact us.

Bonnie Krauss 954 635 2078 or Tammy Fayne, R.N. 954 7629 7602

Looking forward to seeing you!

