



January 2025

*Happy
New Year*

Living Room 954-900-2564


Monday

Tuesday

Wednesday

Thursday

Friday

		<p>1</p> 	<p>2</p> <p>9:00-9:30 Coffee & Chit Chat 9:30-10:00 Chair Work with Val 10:00-10:30 Word Games with Val 10:30-11:30 Mind Games with Beth 11:30-12:30 Lunch 12:30-1:30 Memory Magic with Vivian 1:30-2:00 End of Day Discussion with Vivian</p>	<p>3</p> <p>9:00-9:30 Coffee & Chit Chat 9:30-10:30 Sit & Be Fit with Valerie 10:30-11:30 Entertainment 11:30-12:30 Lunch 12:30-1:30 Slow Burn Theater 1:30-2:00 End of day discussion with Valerie</p>
<p>6</p> <p>9:00-9:30 Coffee & Chit Chat 9:30-10:30 Movin' and Groovin' with Valerie 10:30-11:30 Brain Games with Beth 11:30-12:30 Lunch 12:30-1:30 Game Hour with Val 1:30-2:00 End of Day Discussion with Jamie</p>	<p>7</p> <p>9:00-9:30 Coffee & Chit Chat 9:30-10:30 Meditation with Robyn 10:30-11:30 Guitar with Steven Jay 11:30-12:30 Lunch 12:30-1:30 Word Game with Beth 1:30-2:00 End of Day Discussion with Robyn</p>	<p>8</p> <p>9:00-9:30 Coffee & Chit Chat 9:30-10:30 Yoga & Meditation with Robyn 10:30-11:30 Brain Games 11:30-12:30 Lunch 12:30-1:30 Art with Diana 1:30-2:00 End of Day Discussion with Muriel</p>	<p>9</p> <p>9:00-9:30 Coffee & Chit Chat 9:30-10:00 Chair Exercise with Valerie 10:00-10:30 Word Games with Val 10:30-11:30 Mind Games with Beth 11:30-12:30 Lunch 12:30-1:30 Memory Magic with Vivian 1:30-2:00 End of Day Discussion with Vivian</p>	<p>10</p> <p>9:00-9:30 Coffee & Chit Chat 9:30-10:15 Sit & Be Fit with Valerie 10:15-11:30 Entertainment with Barbara Evans 11:30-12:30 Lunch 12:30-1:30 Current events with Beth 1:30-2:00 End of day discussion with Valerie</p>

<p>13 9:00-9:30 Coffee & Chit Chat 9:30-10:30 Movin' and Groovin' with Valerie 10:30-11:30 Brain Games with Beth 11:30-12:30 Lunch 12:30-1:30 Game Hour with Val 1:30-2:00 End of Day Discussion with Jamie</p>	<p>14 9:00-9:30 Coffee & Chit Chat 9:30-10:30 Meditation with Robyn 10:30-11:30 Karaoke 11:30-12:30 Lunch 12:30-1:30 Word Game with Beth 1:30-2:00 End of Day Discussion with Robyn</p>	<p>15 9:00-9:30 Coffee & Chit Chat 9:30-10:30 Yoga & Meditation with Robyn 10:30-11:30 Brain Games 11:30-12:30 Lunch 12:30-1:30 Game hour with Val 1:30-2:00 End of Day Discussion with Muriel</p>	<p>16 9:00-9:30 Coffee & Chit Chat 9:30-10:00 Chair Work with Val 10:00-10:30 Word Games with Val 10:30-11:30 Slow Burn Theater. 11:30-12:30 Lunch 12:30-1:30 Memory Magic with Vivian 1:30-2:00 End of Day Discussion with Vivian</p>	<p>17 9:00-9:30 Coffee & Chit Chat 9:30-10:30 Sit & Be Fit with Valerie 10:30-11:30 Entertainment with Noreena 11:30-12:30 Lunch 12:30-1:30 Brain Games with Beth 1:30-2:00 End of day discussion with Valerie</p>
<p>20 9:00-9:30 Coffee & Chit Chat 9:30-10:15 Movin' and Groovin' with Valerie 10:15-11:30 On Core theater 11:30-12:30 Lunch 12:30-1:30 Game Hour with Val 1:30-2:00 End of Day Discussion with Jamie</p>	<p>21 9:00-9:30 Coffee & Chit Chat 9:30-10:30 Meditation with Robyn 10:30-11:30 Game Hour With Val 11:30-12:30 Lunch 12:30-1:30 Word Game with Beth 1:30-2:00 End of Day Discussion with Robyn</p>	<p>22 9:00-9:30 Coffee & Chit Chat 9:30-10:30 Yoga & Meditation with Robyn 10:30-11:30 Brain Games 11:30-12:30 Lunch 12:30-1:30 Art with Diana 1:30-2:00 End of Day Discussion with Muriel</p>	<p>23 9:00-9:30 Coffee & Chit Chat 9:30-10:00 Chair Exercise 10:00-10:30 Word Games with Val 10:30-11:30 Mind Games with Beth 11:30-12:30 Lunch 12:30-1:30 Memory Magic with Vivian 1:30-2:00 End of Day Discussion with Vivian</p>	<p>24 9:00-9:30 Coffee & Chit Chat 9:30-10:15 Sit & Be Fit 10:15-11:30 Shabbat/ Entertainment with Bealoo 11:30-12:30 Lunch 12:30-1:30 Current events with Beth 1:30-2:00 End of day discussion with Valerie</p>
<p>27 9:00-9:30 Coffee & Chit Chat 9:30-10:30 Movin' and Groovin' with Valerie 10:30-11:30 Piano Entertainment 11:30-12:30 Lunch 12:30-1:30 Game Hour with Val 1:30-2:00 End of Day Discussion with Jamie</p>	<p>28 9:00-9:30 Coffee & Chit Chat 9:30-10:30 Meditation with Robyn 10:30-11:30 Karaoke 11:30-12:30 Lunch 12:30-1:30 Word Game with Beth 1:30-2:00 End of Day Discussion with Robyn</p>	<p>29 9:00-9:30 Coffee & Chit Chat 9:30-10:30 Yoga & Meditation with Robyn 10:30-11:30 Brain Games 11:30-12:30 Lunch 12:30-1:30 Art with Diana 1:30-2:00 End of Day Discussion with Muriel</p>	<p>30 9:00-9:30 Coffee & Chit Chat 9:30-10:00 Chair Exercise 10:00-10:30 Word Games with Val 10:30-11:30 Mind Games with Beth 11:30-12:30 Lunch 12:30-1:30 Memory Magic with Vivian 1:30-2:00 End of Day Discussion with Vivian</p>	<p>31 9:00-9:30 Coffee & Chit Chat 9:30-10:30 Sit & Be Fit with Valerie 10:30-11:30 Entertainment 11:30-12:30 Lunch 12:30-1:30 Brain Games with Beth 1:30-2:00 End of day discussion with Valerie</p>