

# August 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 9:30 Exercise and Dance 10:30 Better Together with Vivian 1:00 Poems of Love 2:00 Yoga Stretch 2:45 Coffee Klatch 3:15 Vivian's Escapades	9:30 Music Therapy 10:30 Boggle 1:00 60's sayings 2:00 PM Stretch... 2:45 Coffee Social 3:15 Trivia	<b>3</b> 9:30 Exercise and Meditation 10:30 Getting to Know You Jokes & Riddles 1:00 Movement... 2:00 Bonnie's Stories 2:45 Snack/ Coffee 3:15 Popular Song Titles	<b>4</b> 9:30 Exercise and Dance 10:30 Luis's Class 1:00 Earth Science Better Together 2:00 PM Stretch 2:45 Snack & Social 3:15 Vivian's Escapades	<b>5</b> 9:30 Exercise, Pos. Affirmations 10:30 Famous Couples 11:45 Shabbat 1:00 Boggle Capitals & States 2:00 Movement/Dance 2:45 Coffee and Snack 3:15 Movie
<b>8</b> 9:30 Exercise and Dance 10:30 Better Together with Vivian 1:00 Robert Frost 2:00 PM Movement 2:45 Coffee Klatch 3:15 Vivian's Escapades	<b>9</b> 9:30 Music Therapy 10:30 Who Invented What 1:00 Brain Boost 2:00 Stretch & Balance 2:45 Coffee Klatch 3:15 Summer Heat	<b>10</b> 9:30 Exercise & Positive Thoughts 10:30 Getting to Know You Finish That Line 1:00 Chair Yoga 2:00 Bonnie's Stories 2:45 Coffee Social 3:15 How's the Weather	<b>11</b> 9:30 Exercise and Dance 10:30 Luis's Class 1:00 Add it up math Better Together 2:00 PM Stretch Class 2:45 Coffee/Snack 3:15 Vivian's Escapades	<b>12</b> 9:30 Exercise, Guided Meditation 10:30 Fiddle Faddle 11:45 Shabbat 1:00 Bingo 2:00 Movement/Dance 2:45 Coffee Klatch 3:15 Movie
<b>15</b> 9:30 Exercise Meditation 10:30 Better Together with Vivian 1:00 Jokes and Puns 2:00 PM Stretch 2:45 Coffee Social 3:15 Vivian's Escapades	<b>16</b> 9:30 Music Therapy 10:30 Brain Boost 1:00 Favorite Movie Stars 2:00 Movement/Dance 2:45 Coffee & Snack 3:15 Give Me a Sign	<b>17</b> 9:30 Exercise and Dance 10:30 Getting to Know You Trivia 1:00 PM Stretch... Positive Thoughts 2:00 Bonnie's Stories 2:45 Coffee Social 3:15 Memories in Pictures	<b>18</b> 9:30 Exercise and Dance 10:30 Luis's Class 1:00 Better Together Word Building 2:00 Yoga Stretch 2:45 Coffee Social 3:15 Vivian's Escapades	<b>19</b> 9:30 Stretch and Balance 10:30 Space Talk 11:45 Shabbat 1:00 Word Fun 2:00 PM Stretch 2:45 Coffee Social 3:15 Movie
<b>22</b> 9:30 Exercise and Dance 10:30 70's Music 1:00 Better Together 2:00 Dance/Stretch 2:45 Coffee Social 3:15 Vivian's Escapades	<b>23</b> 9:30 Music Therapy 10:30 Play on Words 1:00 Mind Joggers 2:00 Chair Yoga 2:45 Coffee & Snack 3:15 Take Turns Talking	<b>24</b> 9:30 Exercise and Dance 10:30 Getting to Know You Limericks 1:00 Movement and Meditation 2:00 Bonnie's Stories 2:45 Coffee Social 3:15 Word Trivia	<b>25</b> 9:30 Exercise and Dance 10:30 Luis's Class 1:00 Touch Association Better Together 2:00 Stretch & Balance 2:45 Coffee Klatch 3:15 Vivian's Escapades	<b>25</b> 9:30 Exercise, Positive Affirmations 10:30 Shel Silverstein Poems 11:45 Shabbat 1:00 Bingo 2:00 Yoga Stretch 2:45 Coffee & Snack 3:15 Movie
<b>29</b> 9:30 Exercise Meditation 10:30 Better Together with Vivian 1:00 Opposites 2:00 Movement 2:45 Coffee Social 3:15 Vivian's Escapades	<b>30</b> 9:30 Music Therapy 10:30 Lightening Math 1:00 Shel Silverstein 2:00 PM Stretch... 2:45 Coffee & Snack 3:15 How Many Ways	<b>31</b> 9:30 Exercise and Dance 10:30 Getting to Know You Fun Facts 1:00 Stretch/ Dance 2:00 Bonnie's Stories 2:45 Coffee Klatch 3:15 Collective Collections	<b>Support Group August 9th and August 23rd 10:00 AM</b>	



**Therapy Dog visits with Roxie & Toby**



**Kurt & Alice Walter Adult Day Care and Alzheimer's Pavilion  
Daniel D. Cantor Senior Center**

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