

Monday (9,16,23,30)

- 9:00 - 9:45 Morning Coffee and Schmooze - Dining Room
- 9:45 - 10:00 Sensational Scott Yezer plays the Organ - Dining Room
- 10:00 - 10:25 Sit and Be Fit - Dining Room
- 10:30 - 11:30 Health topics with Humana (9) Dining Room
- 10:30 - 11:30 Chat with Nat - Nat Nussbaum CR#1 (16)
- 10:30 - 11:30 Nurse Shelly and your Brain CR#1 (23)
- 10:30 - 11:30 Advice for the younger Generation Dining Room (30)
- 11:30 - 12:15 Lunch - Dining Room
- 12:00 - 12:15 Sensational Scott Yezer plays the Organ
- 12:15 - 1:45 Bingo with Sam Burgess - Dining Room (30 \$50 Jackpot)

Tuesday (3,10,17,24,31)

- 9:00 - 9:45 Morning Coffee and Schmooze - Dining Room
- 9:45 - 10:00 Sensational Scott Yezer plays the Organ - Dining Room
- 10:00- 11:30 Morning Movie -Documentary Series
- 10:00- 10:45 Brain Games - Dining Room
- 10:45 - 11:30 The Best Music Therapy - Dining Room - Noreena
- 11:30 - 12:15 Lunch - Dining Room
- 12:00 - 12:15 Sensational Scott Yezer plays the Organ
- 12:15 - 1:30 Potpourri with Jodi - Jodi

Wednesday (4,11,18,25)

- 9:00 - 9:45 Morning Coffee and Schmooze - Dining Room
- 9:45 - 10:00 Sensational Scott Yezer plays the Organ - Dining Room
- 9:30 - 10:00 Therapy Dog visits the Senior Center- (28) Dining Room
- 10:00 - 10:25 Sit and be fit- Dining Room
- 10:30 - 11:30 Chicken Soup Book Club- CR#1
- 11:30 - 12:15 Lunch - Dining Room
- 12:00 - 12:15 Roxie the Dog visits the senior center
- 12:00 - 12:15 Sensational Scott Yezer plays the Organ
- 12:15 - 1:45 Afternoon at the Movies Movie Room
- 12:15- 1:00 Trivia - Ira Slutzah (4,11) Dining Room
- 12:15- 1:00 Government 101 (18) CR#1
- 12:15- 1:00 The Epic Cookie Blattman - Cookie Blattman (25) CR#1
- 1:00 - 1:45 Art with Alexa Art Room

Friday (6,13,20,27)

- 9:00 - 9:45 Morning Coffee - Dining Room
- 9:45 - 10:00 Sensational Scott Yezer plays the Organ - Dining Room
- 10:00 - 10:25 Chair Yoga with cousin Ruth - Dining Room
- 10:30 - 11:30 Chatting with Vivian CR#1
- 11:30 - 11:45 Birthday Celebration Dining Room (6)
- 11:30 - 12:15 Lunch - Dining Room
- 11:35 - 11:40 Shabbat Service - Dining Room – Elaine Lefkowitz
- 11:45 - 12:00 Sensational Scott Yezer plays the Organ
- 12:00 - 12:30 Cantor Center Friday Fun - Dining Room
- 12:30 - 1:30 Shabbat Entertainment Program

Kosher Nutrition Provided by Meals on Wheels
See Nat Nussbaum for more info

LEO GOODMAN SENIOR COMPLEX
5000 N Nob Hill Road, Sunrise Fl. 33351
954-742-2299

Friday Shabbat Program

Barbara Evans
Wes Anthony
Peter Vincent
Crazy Bingo

Wednesday Afternoon Movies

The Audrey Hepburn Story (4)
Breakfast at Tiffany's (11)
Sleepless in Seattle (18)
Clambake (25)

Coming in February

Valentines Day Celebration
Hispanic Unity Group Taxes

DANIEL D CANTOR SENIOR CENTER

January 2023

WWW.CANTORCENTER.COM



January Highlights

Advice for the younger generation
Preparing for Taxes
Posnack School Jeopardy

